

Intent Overview- The aim of our curriculum is to build on the physical literacy of each individual child within six different aspects (Personal, Social, Cognitive, Creative, Physical, Health and Fitness). This will allow the transferrable skills to be embedded throughout their whole school learning journey and allow a greater impact.

*extra cross curricular links	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	OAA Build Confidence	FMS -Agility -Running -Co-ordination	FMS -Balance -Jumping -Throwing -Catching	Team work	Team games	Attacking/Defending
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness
Year 2	OAA	FMS -Agility -Running -Co-ordination	FMS -Balance -Jumping -Throwing -Catching	Team work	Team games	Attacking/Defending
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness

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Year 3	OAA	Gymnastics/Dance -Flexibility -Strength -Technique -Control -Balance	Invasion Games/Tactics	Invasion games/Leadership	Striking and Fielding	Athletics
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness
Year 4	OAA	Gymnastics/Dance -Flexibility -Strength -Technique -Control -Balance	Invasion Games/Tactics	Invasion games/Leadership	Striking and Fielding	Athletics
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness
Year 5	OAA	Gymnastics / Dance -Flexibility -Strength	Invasion Games/Tactics	Invasion games/Leadership	Striking and Fielding	Athletics

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		-Technique -Control -Balance				
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness
Year 6	OAA	Gymnastics / Dance  -Flexibility -Strength -Technique -Control -Balance	Invasion Games/Tactics	Invasion games/Leadership	Striking and Fielding	Athletics
	Real P.E Cognitive	Real P.E Social	Real P.E Personal	Real P.E Creative	Real P.E Physical	Real P.E Health & Fitness