

Your menu this week



EDUCATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week one
06/09/21
27/09/21
18/10/21
15/11/21
06/12/21

Cheese & tomato pizza (v) (1,3,6)
 Or
 Vegetable & bean wrap (vg) (3)

 ½ baked jacket, baked beans & tomato & cucumber salad

 Fruit Salad

beef bolognaise
 Or
 Vegetable bolognaise (vg)

 Pasta (3),

 Carrots, green beans

 Toffee apple wholemeal cookie with ½ glass milk (1,3)

Roast gammon & gravy
 Or
 Vegetable & lentil wellington (1,3,11)

 Roast potatoes
 Seasonal greens, roasted vegetables

 Fruit Jelly

Turkey burger in sesame bun (1,3,6,7)
 Or
 Quorn burger in a sesame bun (v) (1,3,7,11)

 Potato wedges, sweetcorn, coleslaw (11)

 Jam sponge & custard (1,3,11)

Fish fingers (2,3)
 Or
 Quorn Sausage (v) (1,3,11)

 Chips, baked beans, peas

 Chocolate & orange biscuit with chocolate sauce (1,3)

Week two
13/09/21
04/10/21
01/11/21
22/11/21
13/12/21

Mild mixed bean & potato Curry with 50/50 rice (v) (1)
 Or
 Mac & cheese with basil bread (v) (1,3,6,14)

 Broccoli & carrots

 Vanilla shortbread (1,3)

Mince beef burrito (1,3)
 Or
 Vegetable & mixed bean burrito (vg) (3,6)

 Sweetcorn,
 Mexican potato salad, herby wholemeal bread

 Fruit jelly with cream (1)

Roast turkey, gravy & stuffing (3)
 Or
 Cauliflower & lentil bake (v) (1,3)

 Roast potatoes
 Kale & carrots

 Chocolate brownie (1,3,11)

Pork sausages with gravy (1,3,11,12)
 Or
 Quorn sausage with gravy (1,3,11)

 Mash potato (1), savoy cabbage & green beans

 Rice pudding with jam (1)

Fish fingers (2,3)
 Salmon fishcake, (2,3,14)
 Or
 Vegetable fingers with hummus dip (3) (vg)
 Chips, baked beans, peas

 Wholemeal banana & apple crumble and custard (1,3)

Week three
20/09/21
11/10/21
08/11/21
29/11/21

Tomato & basil pasta (3) (vg)
 Or
 Pepper & spring onion frittata with new potatoes (1,11)

 Garden peas
 Seasonal salad,

 Fruit flapjack cookie (1,3)

Mild turkey katsu with light curry sauce (1, 3)
 Or
 Vegetable katsu with light curry sauce (1,3,6,11) (vg)

 50/50 rice, green beans, carrots

 Oaty fruit crumble & custard (1,3)

Roast chicken & gravy
 Or
 Vegetable & soya minced pie (v) (6,1,11)

 Roast potatoes, swede & savoy cabbage

 Fruit jelly with cream (1)

Pork & vegetable ragu
 Or
 Quorn balls in a tomato sauce (v) (3,11)

 Pasta (3), broccoli & sweetcorn

 Fruit sponge with custard (1,3,11)

Battered fish (2,3)
 Or
 Roasted pepper & mixed bean quesadilla, tomato salsa (vg) (3)

 Chips, beans, peas

 Wholemeal oat cookie with ½ glass milk (1,3)

Available Daily: Handmade Bread, Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise (2,11)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard
 V= vegetarian VG= Vegan **MENU IS SUBJECT TO CHANGE ***